The Independence Talk: Parent Intro Script

Helping your parents maintain independence while giving you reassurance.

1. The Opening

> *“Mom/Dad, I've been thinking... I know how much you value living in your own home, and I want to do everything I can to support that independence. But sometimes I worry when I get busy with work/kids and can't call you until late.”*

2. The Explanation (The Why)

> *“I found a service that acts like a safety net, not a babysitter. It calls your house phone or cell, whichever you prefer. It's just a simple automated check-in at the same time each day to ask if you're okay. If you answer, I know everything is fine.”*

3. The Closing

> *“Honestly, this is more for my reassurance than anything else. It stops me from worrying so I can just enjoy our conversations when we do talk. Can we just try it for a week? If you hate it, we can stop.”*

Pro-Tip: Frame this as helping YOU.

Parents often want to feel useful, not burdensome. By saying "This helps my peace of mind," you make them feel like they are doing you a favor by agreeing to it.

Next step: Once they agree, give them the large-print guide to their daily call: who calls, what Ava asks, and the number to save. Print it at checkwellcall.com/your-daily-call